



UTM
UNIVERSITI TEKNOLOGI MALAYSIA

Faculty of Social Sciences
and Humanities

SHARPS
SCHOOL OF HUMAN RESOURCE DEVELOPMENT
& PSYCHOLOGY



**Intake
Sem 1
2025/2026**

*Program
Specification*

**Bachelor of Psychology
with Human Resource
Development (Honours)
(SHMYH)**

**Educating and
Humanizing**

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FACULTY OF SOSIAL SCIENCE AND HUMANITIES

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Programme Specification

1.	Programme Name	Bachelor of Psychology with Human Resource Development with Honours		
2.	Final Award	English: Bachelor of Psychology with Human Resource Development with Honours <i>Bahasa Melayu: Sarjana Muda Psikologi dengan Pembangunan Sumber Manusia dengan Kepujian</i>		
3.	Awarding Institution	UTM		
4.	Teaching Institution	UTM		
5.	Programme UPU Code	UT6311001 (SHMYH)		
6.	Professional or Statutory Body of Accreditation	N/A		
7.	Language(s) of Instruction	English and <i>Bahasa Melayu</i>		
8.	Mode of Study (Conventional, distance learning, etc)	Conventional		
48059.	Mode of operation (Franchise, self-govern, etc.)	Self-govern		
10.	Study Scheme (Full Time/Part Time)	Full Time and Part Time		
11.	Study Duration	Minimum: 4 yrs (FT) / 6 yrs (PT) Maximum: 6 yrs (FT) / 10 yrs (PT)		
Type of Semester	No. of Semesters		No. of weeks	
	Full Time	Part Time	Full Time	Part Time
Regular	8 - 12	12 - 20	17	17
12.	Entry Requirement	<p>Fulfill the General University Requirements and the Specific Programme Requirements.</p> <p>1) STPM Holders</p> <p>Pass STPM with at least Grade B (CGPA 3.00) in the following subjects: Mathematics (M) or Mathematics (T) / Economics / Accounting / Business Studies / Physics / Biology / Chemistry / Information and Communications Technology / History / Visual Arts / Geography AND Any ONE (1) other subject except General Studies AND Obtain at least a Credit (Grade C) at SPM level in the following subjects: Mathematics and Biology/ Physics/ Chemistry/ Science/ Additional Science AND Pass English Language at SPM level AND Obtain at least Band 2.0 in the Malaysian University English Test (MUET) for examinations beginning Session 1, 2021 or Band 2 for examinations up to 2020, valid at the date of application AND Pass interview.</p> <p>2) Matriculation / Foundation Holders</p> <p>Obtain at least Grade B (3.00) at Matriculation/ Foundation level in the following subjects: Mathematics / Physics / Biology / Chemistry / Computer Science / Computing / Programming / Economics / Business Management / Accounting AND Obtain at least a Credit (Grade C) at SPM level in the following subjects:</p>		

	<p>Mathematics and Biology/ Physics/ Chemistry/ Science/ Additional Science AND Pass English Language at SPM level AND Obtain at least Band 2.0 in MUET (Session 1, 2021 onwards) or Band 2 for MUET up to 2020, valid at the date of application AND Pass interview</p> <p>3) Diploma (Public University/ Polytechnic) Holders</p> <p>Hold a Diploma or equivalent qualification recognized by the Government of Malaysia and approved by the UTM Senate AND Obtain at least CGPA 2.70, or have at least two (2) years of relevant working experience for candidates with CGPA below 2.70 AND Obtain at least a Credit (Grade C) at SPM level in the following subjects: Mathematics and Physics/ Chemistry/ Biology/ Science/ Additional Science OR Obtain at least Grade C, at Diploma level in one of the Mathematics or Science subjects AND Pass English Language at SPM level AND Obtain at least Band 2.0 in MUET (Session 1, 2021 onwards) or Band 2 for MUET up to 2020, valid at the date of application AND Pass interview</p> <p>Note: Applicants must provide complete academic transcripts (from first to final semester), a copy of the Diploma, or an official letter of completion via UPU Online.</p> <p>The year of entry and actual duration of study are subject to credit exemption approval by UTM.</p> <p>4) Other Equivalent Qualifications (A Level / IB / AUSMAT)</p> <p>Possess one of the following: GCE A Level with at least Grade C, International Baccalaureate (IB) Diploma with at least Grade 4 at Higher Level (HL), Australian Matriculation (AUSMAT) with at least Grade C / 60% ATAR Rank in the following subjects: Mathematics / Physics / Biology / Chemistry / Computing / Accounting / Economics / Business Management AND Pass English Language at SPM level AND Any ONE (1) other subject AND Obtain at least a Credit (Grade C) at SPM level in the following subjects: Mathematics and Physics/ Chemistry/ Biology/ Science/ Additional Science AND Obtain at least: Band 2.0 in MUET (Session 1, 2021 onwards) OR Band 2 for MUET up to 2020 OR IELTS (Academic) Band 5.5 OR TOEFL PBT score 500 OR TOEFL IBT score 46 AND Pass interview</p> <p>5) STAM (Sijil Tinggi Agama Malaysia) Holders</p> <p>Obtain at least the rank of Jayyid Jiddan in STAM examination AND Obtain at least a Credit (Grade C) at SPM level in the following subject groups: Mathematics AND Basic Economics / Principles of Accounting / Commerce / Information & Communications Technology / Programming & Development Tools AND Biology/ Physics/ Chemistry/ Science/ Additional Science AND Pass English Language at SPM level AND Obtain at least Band 2.0 in MUET (Session 1, 2021 onwards) or Band 2 for MUET up to 2020, valid at the date of application AND Pass interview.</p>
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Programme Educational Objectives (PEO)

BACHELOR OF PSYCHOLOGY WITH HUMAN RESOURCE DEVELOPMENT WITH HONOURS



1. PROGRAMME EDUCATIONAL OBJECTIVES

PEO	PROGRAMME EDUCATIONAL OBJECTIVES (PEO)
PEO 1	Analyse theories, research and practice in psychology and human resource development.
PEO 2	Apply a range of leadership and entrepreneurial skills to perform effectively and responsibly in different organisations.
PEO 3	Use a wider range of digital applications and numeracy skills in work tasks.
PEO 4	Demonstrate interpersonal, communication, creativity, and innovation skills.
PEO 5	Pursue lifelong learning in education and career in various settings within ethical and professional standards.

Programme Learning Outcomes

1. PROGRAMME LEARNING OUTCOMES

PLO	PROGRAMME LEARNING OUTCOMES (PLO)	MQF 2.0 LEARNING OUTCOMES CLUSTERS	MQF 2.0 CLUSTER CODES	UTM GRADUATE ATTRIBUTES	
PLO 1 Knowledge and Understanding	Analyse different key concepts, principles, research, overarching themes in broad areas of psychology with human resource development.	Knowledge & Understanding (C1)	C1	Scholars	
PLO 2 Cognitive Skills	Compare various theories, past literature, and research design to conduct basic psychological with human resource development research.	Cognitive Skills (C2)	C2	Scholars	
PLO 3 Practical Skills	Demonstrate a range of research ideas, research strategies, research executions, research write-up and practical skills to solve various problems in the field of psychology with human resource development.	Functional Work Skills (C3)	C3A	Scholars	
PLO 4 Interpersonal Skills	Collaborate with different individuals, groups and organisations in different situations.		C3B	Adab	Social Intelligence
PLO 5 Communication Skills	Communicate effectively through verbal and written forms using various mediums to a range of audience.		C3C		Social Intelligence
PLO 6 Digital Skills	Apply appropriate digital media and digital technology to support work and studies.		C3D		Innovative Talents
PLO 7 Numeracy Skills	Conduct data analysis using different statistical methods for basic psychological with human resource development research.		C3E		Innovative Talents
PLO 8 Leadership, Autonomy and Responsibility	Show initiative in leadership, decision-making, goal-settings and relationship building in individual and multi-disciplinary group project management.		C3F		Constructive Citizen
PLO 9 Personal Skills	Display self-awareness and reflective practice to motivate and improve oneself.		C4A		Enterprising Skills
PLO 10 Entrepreneurial Skills	Display creativity, grit and entrepreneurial mind-set to motivate and improve oneself and others.	Personal & Entrepreneurial Skills (C4)	C4B		Enterprising Skills
PLO 11 Ethics and Professionalism Skills	Adhere to ethical standards in psychological science with human resource development practices.	Ethics & Professionalism Skills (C5)	C5	Constructive Citizen	



Components of Courses

3. COMPONENTS OF COURSES

	Components	MQA Requirements (Credits)	Course offered (Credits)
a.	Compulsory Modules (University General Courses)	8	8
b.	Compulsory Modules (University Language Courses)		8
c.	Compulsory Modules (Free Elective)		3
d.	Discipline Core: Course Work (Psychology)	66	63
e.	Discipline Core: Course Work (Psychology) - Elective		3
f.	Minor Core: Course Work (Human Resource Development)	30	30
g.	Discipline Core: Final Year Project	3	3
h.	Discipline Core: Industrial Exposure	0	12
	Total Credit Hours for Graduation (Minimum)		130

Programme Structures, Curriculum and Award Requirements

4. PROGRAMME STRUCTURES, CURRICULUM AND AWARD REQUIREMENTS

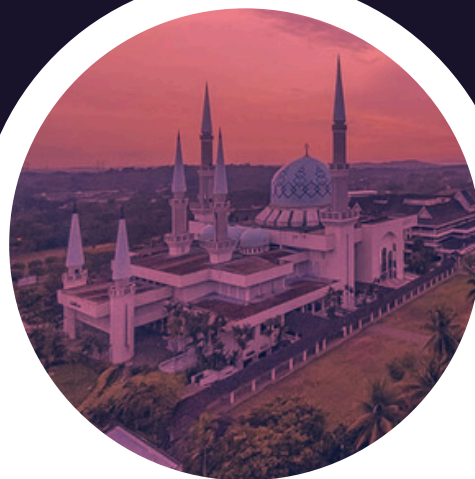
The course is offered in full-time mode and based on 2 semesters for each academic year. The subjects are distributed and sequenced according to the level of knowledge i.e basic to advance. Assessment of students' performance is based on formative and summative evaluation conducted throughout each semester. The eighth semester is used for industrial exposure.

Award requirements:

To graduate student should:

- Achieve a total of **130 credit hours** with minimum CPA of 2.0.
- Pass the Industrial Exposure (equivalent to 12 credit hours).
- Complete and pass the Undergraduate Final Year Project (equivalent to 3 credit hours).
- Complete and pass The Test of English Communication Skills for Graduating Students (TECS).
- Complete and pass UTM Professional Skills Certificate (GLR) courses.

Curriculum



5. CURRICULUM

a) University Compulsory Modules (19 Credits)

COURSE CODE	COURSE NAME	CREDIT
MALAYSIA CORE VALUE (4 credits)		
ULRS 1022	Philosophy and Current Issues - All students	2
ULRS 1182	Appreciation of Ethics and Civilisations - Local Students	2
UHLM 1012	Malay Language for Communication 2 - International Students only	
VALUE AND IDENTITY (2 credits)		
ULRS 1032	Integrity and Anti-Corruption Course	2
GLOBAL CITIZEN (2 credits)		
ULRF2xx2	Service Learning and Community Engagement Course	2
COMMUNICATION SKILLS (6 credits)		
UHLB 1112	English Communication Skills *Only for MUET band 1, 2 and 3	-
UHLB 2122	Professional Communication Skills 1 Pre Requisite: i. MUET band 1, 2, and 3 - UHLB 1122 ii. MUET band 4 and 5 - No pre requisite	2
UHLB 3132	Professional Communication Skills 2 Pre Requisite: i. MUET band 1,2 and 3 – UHLB 1112 &UHLB 2122 ii. MUET band 4 and 5- UHLB 2122	2
UHLX 1122	Foreign Language for Communication (Except student's native language)	2
ENTERPRISING SKILLS (2 credits)		
ULRS 3032	Entrepreneurship and Innovation	2
TOTAL		16
FREE ELECTIVE COURSE (3 credits)		
XXXX XXX3	Free Elective	3
TOTAL		3

b) Discipline Core: Course Work (Psychology) (63 Credits)

Code	Course Name	Credits
SHMY 1013	Introduction To Psychology	3
SHMY 1033	Social Psychology	3
SHMY 1053	Developmental Psychology	3
SHMY 1063	History and Philosophy of Psychology	3
SHMY 1023	Introduction To Counselling	3
SHMY 1043	Personality Psychology	3
SHMY 1073	Ethics In Psychology	3
SHMY 1093	Biological Psychology	3
SHMY 2033	Experimental Psychology	3
SHMY 2053	Statistics In Psychology	3
SHMY 2083	Cognitive Psychology	3
SHMY 2013	Psychological Testing And Measurement	3
SHMY 2063	Abnormal Psychology	3
SHMY 2103	Islamic Psychology	3
SHMY 3033	Health Psychology	3
SHMY 3103	Clinical Psychology	3
SHMY 3013	Research Method	3
SHMY 3043	Behaviour Modification	3
SHMY 4013	Cross-Cultural Psychology	3
SHMY 4043	Positive Psychology	3
SHMY 4083	Industrial And Organizational Psychology	3
TOTAL		63

c) Discipline Core: Course Work (Psychology) - Elective (3 Credits)
(Students are required to choose only 1 course for Semester 1, Year 3)

Code	Course Name	Credits
SHMY 3053	Consumer Psychology	3
SHMY 3073	Group Counselling	3
SHMY 3023	Introduction to Ergonomics	3
TOTAL		3

d) Minor Core: Course Work in Human Resource Development (30 Credits)

CODE	COURSE NAME	CREDITS
SHMR 1083	Introduction to Human Resource Management	3
SHMR 4013	Organizational Development	3
SHMR 2033	Industrial Relations Law	3
SHMR 2103	Safety and Health at Work	3
SHMR 1013	Principles of HRD	3
SHMR 1093	Needs Assessment in HRD	3
SHMR 2023	Instructional Design	3
SHMR 2073	Employment Relations	3
SHMR 2083	Career Development	3
SHMR 3013	Programme Evaluation	3
TOTAL		30

e) Discipline Core: Research Project (3 Credits)

CODE	COURSE NAME	CREDITS
SHMY 4093	Final Year Project	3
TOTAL		3

f) Discipline Core: Industrial Exposure (12 Credits)

CODE	COURSE NAME	CREDITS
SHMY 4058	Industrial Exposure (Practical)	8
SHMY 4064	Industrial Exposure (Report)	4
TOTAL		12



Study Scheme by Semester

YEAR 1

SEMESTER 1			SEMESTER 2		
Code	Course	Credit	Code	Course	Credit
SHMY 1013	Introduction to Psychology	3	SHMY 1023	Introduction to Counselling	3
SHMY 1033	Social Psychology	3	SHMY 1043	Personality Psychology	3
SHMY 1053	Developmental Psychology	3	SHMY 1073	Ethics in Psychology	3
SHMY 1063	History and Philosophy of	3	SHMY1093	Biological Psychology	3
SHMR 1083	Introduction to Human Resource Management	3	SHMR 1013	Principles of Human Resource Development	3
UHLM 1012	Malay Language for Communication 2 (International Students)	2	ULRS 1032	Integrity and Anti-Corruption	2
ULRS 1182	Apprehension of Ethics and Civilisation (Local students)		UHLB 1112	English Communication Skills *Only for MUET band 1, 2 and 3.5	
Total Credits		17	Total Credits		17

YEAR 2

SEMESTER 1			SEMESTER 2		
Code	Course	Credit	Code	Course	Credit
SHMY 2033	Experimental Psychology	3	SHMY 2013	Psychological Testing and Measurement	3
SHMY 2053	Statistics in Psychology	3	SHMY 2063	Abnormal Psychology	3
SHMY 2083	Cognitive Psychology	3	SHMY 2103	Islamic Psychology	3
SHMR 1093	Needs Assessment in HumanResource Development	3	SHMR 2023	Instructional Design	3
SHMR 2033	Industrial Relations Law	3	SHMR 2083	Career Development	3
UHLB 2122	Professional Communication Skill	2	ULRF2XX2	Service Learning and Community Engagement	2
ULRS 1022	Philosophy and Current Issues	2			
Total Credits		19	Total Credits		17

YEAR 3

SEMESTER 1			SEMESTER 2		
Code	Course	Credit	Code	Course	Credit
SHMY 3073 SHMY 3053 SHMY 3023	ELECTIVE CORE (Choose One) 1) Group Counselling 2) Consumer Psychology 3) Introduction to Ergonomics	3	SHMY 3013	Research Methods	3
SHMY 3033	Health Psychology	3	SHMY 3043	Behaviour Modification	3
SHMY 3103	Clinical Psychology	3			
SHMR 3013	Programme Evaluation	3	SHMR2073	Employment Relations	3
SHMR 2103	Safety and Health at Work	3			
ULRS 3032	Entrepreneurship and innovation	2	UHLB 3132	Professional Communication Skills 2	2
			UHLX 1122	Foreign Language Elective	2
			XXXX 3XX3	Free Elective	3
Total Credits		17	Total Credits		16


YEAR 4

SEMESTER 1			SEMESTER 2		
Code	Course	Credit	Code	Course	Credit
SHMY 4013	Cross-Cultural Psychology	3	SHMY 4058	Industrial Exposure (Practical)	8
SHMY 4043	Positive Psychology	3	SHMY 4064	Industrial Exposure (Report)	4
SHMY 4083	Industrial and Organisational Psychology	3			
SHMY 4093	Final Year Project	3			
SHMR 4013	Organizational Development	3			
Total Credits		15	Total Credits		12
TOTAL CREDITS					130

Syllabus Summary

YEAR 1	
COURSE	CONTENT
SHMY 1013 Introduction to Psychology	This course introduces students to a broad introduction to the major fields of psychology and the results of classic studies and current research in the fields. The major fields that will be covered are physiological psychology, sensation and perception, learning and motivation, cognition, development, social psychology, personality, industrial and organisational and abnormal psychology. At the end of this course, students can gain an understanding of major issues addressed in psychological research today, including the complex interactions between nature and nurture and the neural bases of human behaviour.
SHMY 1033 Social Psychology	Social psychology addresses the question of how individuals' thoughts, feelings and behaviours are influenced by other people. This includes how we understand and make sense of other people and how we influence and are influenced by other people. This course overviews the various theories and methods employed by social psychologists in their attempts to understand social influences on human behaviour. Specific topics covered include: aggression and pro-social behaviour; prejudice, stereotypes and discrimination; interpersonal relationships; persuasion and attitude change; person perception; and ways in which social psychology has been used to help us understand and solve problems.
SHMY 1053 Developmental Psychology	This course enables students to identify human development changes across the life span, from physical, cognitive, social and personality aspects. Special areas of human development such attachment, bonding, language development, play, memory, intelligence, creativity, moral development, social relationships, family life, health and wellness, death and dying are highlighted.
SHMY 1063 History and Philosophy of Psychology	This course on explores the development of psychology as a discipline and its relationship with philosophy. Students will study the history of psychology in ancient philosophy and its evolution into a scientific psychology field in the 21st century. They will learn about influential figures and theories from different eras (prehistory, Greek, Renaissance), including, introspective, biological, functionalism, behaviorism, neo-behaviorism, gestalt, psychopathology, and cognitive psychology. The course emphasizes the connection between psychology and philosophy, examining concepts like dualism, determinism, free will, and consciousness. Ethical considerations in psychology and their impact on research and therapy are also explored. By the end of the course, students will have a comprehensive understanding of the historical, philosophical, and ethical dimensions of psychology.
SHMY 1023 Introduction to Counselling	This course provides awareness to students regarding the methods and needs of counselling in assisting and understanding problems faced by employees not only at workplace, but also in their daily lives. The course discusses the introduction to counselling, ethics in counselling field, qualities in counselling relationship, theories of counselling, basic counselling skills, career counselling, counselling process, counselling at workplace, and its relationship with common problems of employees, and ethics in counselling. At the end of the course, students should be able to apply the approaches of counselling not merely at workplace, but also in various helping situations to promote good health and well-being

SHMY 1043 Personality Psychology	This course provides an introduction to key topics in the study of personality psychology and individual differences. It covers historical and contemporary aspects of personality psychology including psychodynamic, cognitive, behaviourist, genetic, humanistic, and trait based approaches. It also discusses the extent to which personality theories predict real-world outcomes, such as educational and professional attainment, mental health, or romantic relationship. Throughout this course, students will critically evaluate empirical research assessing the influence of nature and nurture on individual differences, and whether human behaviour is determined by traits or environment.
SHMY 1073 Ethics in Psychology	This course provides general principles and specific codes for ethical conduct in the science and practice of psychology. Incorporating case examples and readings from other disciplines, the course covers the broad practice of psychology including research, teaching and supervision, development of instruments, conducting assessments, school psychology, educational counselling, organizational consulting, forensic activities, social intervention and administrative activities. The course helps students apply the principles and codes of ethical conduct in all facets of psychological practice; from the traditional areas of psychology, to the emerging areas such as telecommunications, neuropsychological assessment and managed care.
SHMY 1093 Biological Psychology	This course provides the basic knowledge of biological approaches in the field of psychology. In this course, students will explore the rich of biological interactions between human cognitive, affection and emotion. This course discusses the various aspects of human (and non-human) biology including the brain anatomy, the neurochemical basis of behavior, the nervous system, hormones, genetics, emotional behavior, control of movement, wakefulness and sleep, cognitive function, the biology of learning and memory and psychological disorder.
SHMR 1013 Principles of Human Resource Development	This course discusses the various basic elements of Human Resource Development (HRD). It would explain the differences between HRM & HRD. The topics covered include learning principles, employee behaviour, training & development, and applied HRD.
SHMR 1083 Introduction to Human Resource Management	The course provides students with an introduction to the key functions of human resource management in Malaysia. It begins with an overview of Human Resource Management and follows up with more specific discussions on its main functions such as recruitment, placement, training and development, compensation, employee relations, and safety and health.



YEAR 2	
COURSE	CONTENT
SHMY 2033 Experimental Psychology	Experimental Psychology course is an engaging and comprehensive course designed to introduce students to the scientific study of human behavior and mental processes. Through a combination of theoretical knowledge, practical experimentation, and critical analysis, students will gain a deeper understanding of the factors that shape human cognition, emotion, perception, and social interaction. The course will emphasize hands-on learning experiences, encouraging students to design and conduct their experiments, collect and analyze data, and draw meaningful conclusions.
SHMY 2053 Statistics in Psychology	This course introduces students to basic statistical procedures and concepts used in social science research especially in the field psychology. The topics covered include an introduction to statistics, levels of measurement, defining variables, measuring central tendency, measuring dispersion, estimate of the mean, statistical inference and tests of significance, probability distributions and z- test, step of hypothesis testing, t-tests, one way analysis of variance, the Chi-Square test, correlation analysis and regression analysis.
SHMY 2083 Cognitive Psychology	Cognitive psychology is the study of mental processes. Cognition includes a wide range of mental processes that are used every day in almost all human activities. Students will be exposed to the core theories and concepts that explain how we acquire, process, store, and retrieve information. Topics covered include perception, attention, memory systems, knowledge, visual imagery, language, problem solving, judgment, decision making and reasoning. Both classic and contemporary empirical research will be discussed to understand the experimental foundation of cognitive theories. This course not only focuses on understanding the basic mechanisms of cognitive processes, but also how they can be applied. Students will learn how cognition relates to everyday situations and problems. By the end of this course, students will be able to critically analyze and evaluate cognitive models and theories, apply concepts to better understand cognition in context, and develop an appreciation for the interdisciplinary nature of cognitive psychology and its far-reaching applications.
SHMY 2013 Psychological Testing and Measurement	This course introduces students to the basic principles and applications of psychological testing and assessment. Topics discussed include the introduction and historical background of psychological testing including its social and ethical implication. The course will also cover the important concepts related to psychological testing and measurement including but not limited to norms, reliability, validity and test construction. Furthermore, the different types and application of psychological tests in different setting will also be discussed. The main categories of psychological tests include and not limited to intelligence, achievement, personality, neuropsychological and career test applied to different setting
SHMY 2063 Abnormal Psychology	This course provides students an extensive coverage of abnormal psychology topics from definition, history and approaches through to the most recent development in the field of psychopathology. Each subtopic of disorders includes description, treatment and references to DSM-5. The range of disorders that will be covered include: panic, anxiety, obsessions, and their disorders, mood disorders and suicide, somatic symptom and dissociative disorders, eating disorders and obesity, personality disorders, substance-related disorders, sexual variants, abuse, and dysfunctions, schizophrenia and other psychotic disorders, neurocognitive disorders, disorders of childhood and adolescence (neurodevelopmental disorders).



COURSE	CONTENT
SHMY 2103 Islamic Psychology	This course aims to enable students to understand the basic concepts and principles of Islamic psychology and the differences between Islamic psychology and western psychology. Psychology has provided us with a useful body of knowledge regarding personality formation, its function and dysfunction. However, psychology inherently contains certain limitations as it does not and cannot fully address the reality of an expanded consciousness or the spiritual connection in the journey of life. Therefore, in Islamic psychology study the Islamic point of view spiritual approach to psychotherapy is an aspect of behavior modification that is based on the relationship between man and his Creator (Allah) which entails an operational paradigm in which faith (Iman) in Allah is the focal point. Iman is both a cognitive and ethical construct that gather all data and facts in the perspective which is proper to and requisite for a true understanding of the therapeutic processes.
SHMR 1093 Needs Assessment in Human Resource Development	This course discusses the concept of needs assessment for training, learning, workplace development, and performance improvement. Students will learn to use various tools and application to measure performance, identify causes of poor performances based on three levels of analysis.
SHMR 2033 Industrial Relations Law	This course is designed to equip the students with the relevant laws that govern the relationship between the three main actors in industrial relations - the employer, the employee and the trade union. The key legislations that regulate the employment relationships are the Employment Act 1955, Trade Unions Act 1959 and Industrial Relations Act 1967. This course will focus on workplace protection and benefits and among the topics covered are statutory right to wages, statutory right to the general standard of working time, statutory right to weekly rest day, statutory right to paid public holidays, statutory right to paid annual leave, statutory right to paid sick leave, female's employee statutory right to maternity protection and statutory right pertaining to termination of employment contract. It also touches on issues on trade unionism specifically regarding its formation, registration, recognition and trade disputes.
SHMR 2023 Instructional Design	The course discusses on the principles of instructional design, learning theories, instructional design model, and process of designing a training program. The course guides students in developing and writing learner profile, task analysis (content analysis) and instructional objective to prepare a comprehensive design document. In addition, the course discusses approaches of content sequencing, instructional strategies, development of instruction and evaluation of learning in training.
SHMY 2083 Career Development	In this course, students will be exposed to the conceptual aspects of career development in organization, function, programs. career choices, career stages, individual careers, organizational career systems, career management practises, career diversities, and global career. The course emphasized also on issue and research in career development.

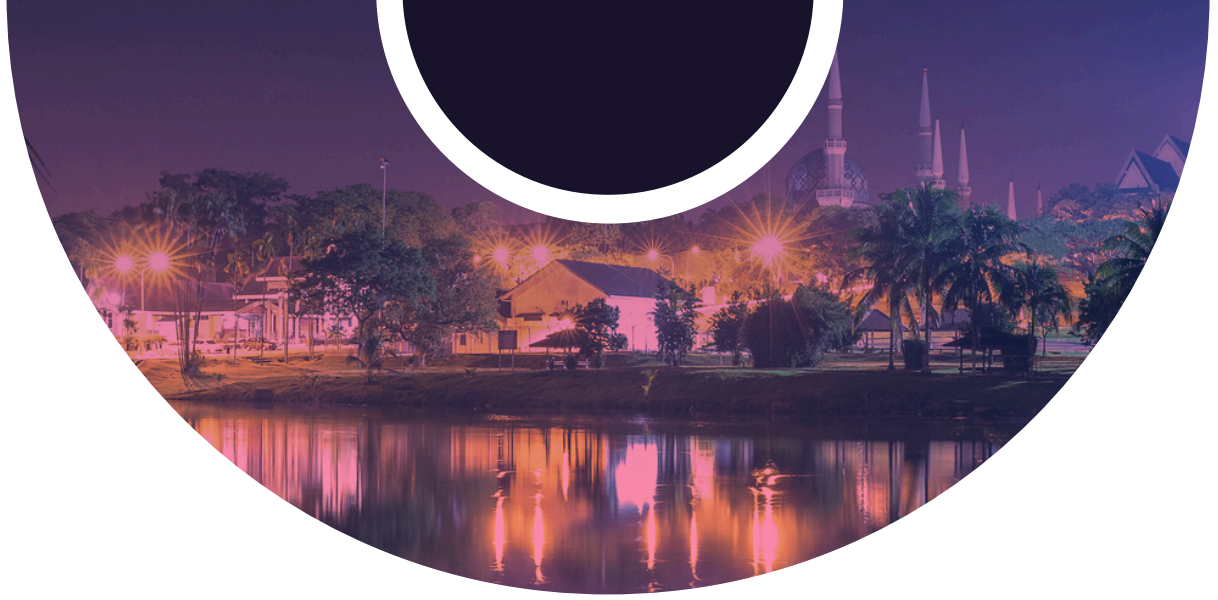


YEAR 3	
COURSE	CONTENT
SHMY 3073 Group Counselling	This course will expose students to the concepts, skills, strategies, procedures, processes, problems, and principles of group work associated with counselling field. The course incorporates didactic and experiential components aimed at the facilitation and understanding of group dynamics and self-awareness / personal growth through group interaction.
SHMY 3053 Consumer Psychology	This course is designed to give a comprehensive understanding of the applications of psychological concepts in consumer behaviour at the individual, social, and cultural stages. It also discussed factors influencing decision-making among consumers. The topics cover an introduction to consumer psychology, perception, and consumer behaviour, shaping consumer behaviour through the learning process, attitudes on consumer purchasing, the role of the social and cultural surrounding in shaping consumers' behaviour and influencing consumers' decision making process. At the end of this course, students will be to relate the idea of consumer psychology in the perspectives of psychological, social, and cultural.
SHMY 3023 Introduction to Ergonomics	This course introduces students to the aspects of ergonomics at the workplace. Ergonomics is the science of designing the job, equipment and workplace to fit the worker. Ergonomics is concerned with the overall health and efficiency of the work. The topics that will be covered in this course include the basic knowledge of anthropometry and biomechanics, ergonomics and psychosocial risk factors at work and their effects on health (such as injury and accident) with emphasis on prevention.
SHMY 3033 Health Psychology	This course introduces students to the importance and significance of psychology in health, illnesses, and chronic health conditions. It will provide a theoretical foundation (i.e., bio-psycho-social) for exploring the relationship/interaction between biology, social, cognitions, emotions, and behaviours within the reviewed topics, areas, and/or persons. This course will examine various medical conditions from the etiology, prevention, and treatment but through a Health Psychology perspective.
SHMY 3103 Clinical Psychology	The course is designed to introduce students to the applied field of clinical psychology, as one of the specialisation area for undergraduate psychology students. Students will be exposed to the nature of contemporary practice of clinical psychology. The subject emphasised the practice of clinical psychology and is divided into three broad sections. The first section provided an overview of issues that set the stage for the second section which is on psychological assessments; and that section in turn, is the foundation for the third section on psychological interventions. At the end of this semester, the students should be able to: (1) understand the science-practitioner models of clinical psychology, (2) be able to use empirical evidence to critique the reliability and validity of psychological measures, and (3) be able to describe empirically supported treatments for specific forms of psychopathology according to DSM-5.
SHMY 3013 Research Methods	This course introduces students to the basic principles of research methods in Psychology. The course is focusing on systematic research process, with an emphasis on student-centred activities and problem solving. Students will learn about such key concepts as the research scientific method; research problem, operationalizing variables and construct; literature review, research design, sampling methods, instrument and measurements; data analysis, interpretation of findings and writing the research report according to the research ethical principles. This course is in line with one thrust of experiential learning which is the Research Infused Experiential Learning (REAL) to develop students research competency.



COURSE	CONTENT
SHMY 3042 Behaviour Modification	This course is aimed to expose students to approaches in changing human behaviour. The emphasis of this course includes introduction to characteristics and principles of behaviour and non-behaviour, identifying problematic behaviour, application of the principles of behaviour modification consisted of reinforcement, extinction, punishment, control stimulation, and economic token, application of the behaviour modification procedures consisted of shaping, fading and chaining. Besides, this course explains the method for changing the behaviour of the respondents or cognitive behaviour, and behaviour modification ethics.
SHMR 3013 Programme Evaluation	This course is a systematic approach in evaluating training programmes which are being planned as well as those which has already being implemented. Evaluation will be conducted by applying research method and evaluation models which would be used to make decisions to implement, improve or terminate the training program.
SHMR 3053 Safety and Health at Work	Safety and health at work is a multidisciplinary field concerned with the safety, health and welfare of people at work. This course discusses the concept of workplace safety and health, which is a crucial component to organizations competitiveness. Students will be exposed towards integrated safety and health management instead of traditional safety and health management. Students will also learn on the legal side of managing safety and health at the workplace in Malaysia.
SHMR 2073 Employment Relations	This course examines employment relations from the perspectives of industrial relations and employment law in Malaysia. Students will be exposed to current issues in employment relations, as well as introduced to various agencies and labour legislations governing employment relations in Malaysia. Mainly, this course will focus on HR best practices and strategies for managing employees's misconduct, and trade disputes.

YEAR 4	
COURSE	CONTENT
SHMY 4013 Cross-Cultural Psychology	This course aims to explore similarities and differences of human behaviour across culture, evaluate and expanding existing psychological knowledge. The course examines the theoretical, empirical, and applied issues in the cross-cultural study of psychosocial behaviour. Besides, this course discuss on cross-cultural aspects of human development, cognition, emotion, motivation, human health, and interactions. This course explained some aspects of human behaviour that are universal and culture-specific, also, its implication for psychological theory and applications. Moreover, this course also covered on the key theories and approaches of cross-cultural psychology.
SHMY 4043 Positive Psychology	This course addresses psychological approaches to understanding, managing, and changing individual physical and emotional well-being. Relationships with others, environments, and ourselves will be explored and examined. It is also a scientific study of human flourishing, and an applied approach to optimal functioning. The major topics that will be covered are the study of the human strengths and virtues that enable individuals, communities, and organisations to thrive, building resilience and spirituality, Mindfulness, emotional intelligence, self-efficacy, theory of hope, gratitude and love and flourishing relationships . At the end of this course, the students be able to adapt this knowledge to actively take charge of their own lives, creatively adjusting to an ever-changing world.
SHMY 4083 Industrial and Organizational Psychology	Industrial psychology is a science of people at work. This subject has grown to be one of the major applied specialties in psychology worldwide. The first focus of this subject is concerned with the workplace, so the findings, method, scales and principles are relevant to both employees and employers. Industrial psychologists are often called upon to help organizations to develop a more efficient workplace. Organizational psychology focuses on people's behavior in workplace. This course aims to provide concepts, principles and theories of organizational psychology to increase the effectiveness of employee's. It also discusses the topic such as job analysis, recruitment, selection, psychological testing/ screening methods, job interview, performance appraisal, training, motivation, job satisfaction, stress at workplace, group conflict, work behaviour, leadership, communication, group, and human factors.
SHMY4093 Final Year Project	This course is designed to give students the experience in implementing the proposed project. In this course, students need to find the literature review in supporting their research. Besides, students will be exposed to the data collection and how to analyse the collected data to answer the research objectives. In this course also, research ethics is crucial to understand by students. At the end of the course, students should be able to write their all chapters of research systematically based on specified writing format, as well as presenting the reseach in oral presentation session.
SHMY 4058 Industrial Exposure (Practical)	Industrial exposure is an essential component in the development of the practical skills required by a student prior to graduation. It is also an aspect of education that integrates knowledge with planned and supervised career-related work experience processes. The purpose of the course is to develop and strengthen the students' educational and career preparation. It allows Industrial exposure is an essential component in the development of the practical skills required by a student prior to graduation. It is also an aspect of education that integrates knowledge with planned and supervised career-related work experience processes. The purpose of the course is to develop and strengthen the students' educational and career preparation. It allows the



	students to understand the connection between what is studied and how it is applied in the real world. It also exposes
COURSE	CONTENT
	the students to the interpersonal relationships a job requires, both with co-workers and superiors that are essential in obtaining a successful and satisfying career.
SHMY 4064 Industrial Exposure (Report)	This course is supplemental and concurrent with the SHMY4058 Industrial Exposure (Practical) course. Students are expected to submit a report and present on the activities and experience they went through.
SHMR 4013 Organizational Development	Organisational development is a system wide application and transfer of change agent knowledge to develop, improve and reinforce the planned change in a company. This course is intended to expose students on change and organizational development in organizations. Students will be exposed towards theories and models of change and skills required as a OD practitioner. In addition, students will also learn about four crucial stages of implementing OD: entering and contracting, diagnosis, implementation and institutionalization & evaluation.

Self-Checklist Courses Registered Before Graduation

YEAR 1

SEMESTER 1				SEMESTER 2			
Code	Course	Credit Mark (/)		Code	Course	Credit Mark (/)	
SHMY 1013	Introduction to Psychology	3		SHMY 1023	Introduction to Counselling	3	
SHMY 1033	Social Psychology	3		SHMY 1043	Personality Psychology	3	
SHMY 1053	Developmental Psychology	3		SHMY 1073	Ethics in Psychology	3	
SHMY 1063	History and Philosophy of	3		SHMY1093	Biological Psychology	3	
SHMR 1083	Introduction to Human Resource Management	3		SHMR 1013	Principles of Human Resource Development	3	
UHLM 1012	Malay Language for Communication 2 (International Students)	2		ULRS 1032	Integrity and Anti-Corruption	2	
ULRS 1182	Apprehension of Ethics and Civilisation (Local students)	2		UHLB 1112	English Communication Skills *Only for MUET band 1, 2 and 3.5	2	
Total Credits		17		Total Credits		17	

YEAR 2

SEMESTER 1				SEMESTER 2			
Code	Course	Credit Mark (/)		Code	Course	Credit Mark (/)	
SHMY 2033	Experimental Psychology	3		SHMY 2013	Psychological Testing and Measurement	3	
SHMY 2053	Statistics in Psychology	3		SHMY 2063	Abnormal Psychology	3	
SHMY 2083	Cognitive Psychology	3		SHMY 2103	Islamic Psychology	3	
SHMR 1093	Needs Assessment in HumanResource Development	3		SHMR 2023	Instructional Design	3	
SHMR 2033	Industrial Relations Law	3		SHMR 2083	Career Development	3	
UHLB 2122	Professional Communication Skill	2		ULRF2XX2	Service Learning and Community Engagement	2	
ULRS 1022	Philosophy and Current Issues	2					
Total Credits		19		Total Credits		17	

YEAR 3

SEMESTER 1				SEMESTER 2			
Code	Course	Credit Mark (/)		Code	Course	Credit Mark (/)	
SHMY 3073 SHMY 3053 SHMY 3023	ELECTIVE CORE (Choose One) 1) Group Counselling 2) Consumer Psychology 3) Introduction to Ergonomics	3		SHMY 3013	Research Methods	3	
SHMY 3033	Health Psychology	3		SHMY 3043	Behaviour Modification	3	
SHMY 3103	Clinical Psychology	3					
SHMR 3013	Programme Evaluation	3		SHMR2073	Employment Relations	3	
SHMR 2103	Safety and Health at Work	3					
ULRS 3032	Entrepreneurship and innovation	2		UHLB 3132	Professional Communication Skills 2	2	
				UHLX 1122	Foreign Language Elective	2	
				XXXX 3XX3	Free Elective	3	
Total Credits		17		Total Credits		16	

YEAR 4

SEMESTER 1				SEMESTER 2			
Code	Course	Credit Mark (/)		Code	Course	Credit Mark (/)	
SHMY 4013	Cross-Cultural Psychology	3		SHMY 4058	Industrial Exposure (Practical)	8	
SHMY 4043	Positive Psychology	3		SHMY 4064	Industrial Exposure (Report)	4	
SHMY 4083	Industrial and Organisational Psychology	3					
SHMY 4093	Final Year Project	3					
SHMR 4013	Organizational Development	3					
Total Credits		15		Total Credits		12	
TOTAL CREDITS							130





Major

Minor

UTM Compulsory Courses





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Thank You!



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