

# **BACHELOR OF PSYCHOLOGY WITH HUMAN RESOURCE DEVELOPMENT WITH HONORS**

## **Programme Specifications**

**Session  
2022/2023**



# CONTENTS

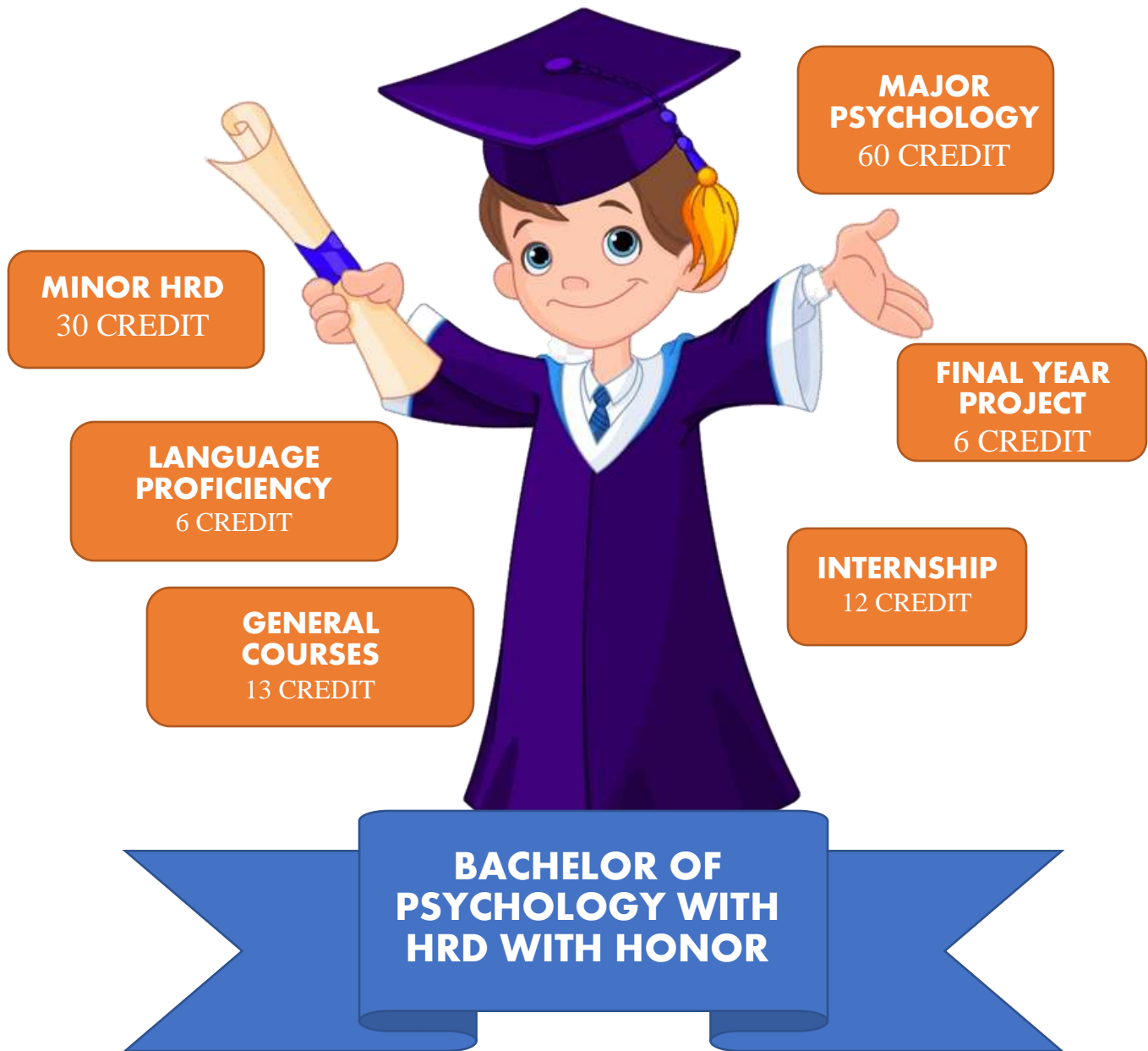
PROGRAMME SPECIFICATIONS.....	1
PROGRAMME EDUCATIONAL OBJECTIVES .....	3
PROGRAMME LEARNING OUTCOMES .....	3
COMPONENTS OF COURSES .....	5
PROGRAMME STRUCTURES, CURRICULUM AND AWARD REQUIREMENTS .....	5
CURRICULUM.....	6
STUDY SCHEME BY SEMESTER.....	9
SYLLABUS SUMMARY .....	11
ACADEMIC STAFFS IN THE DEPARTMENT OF PSYCHOLOGY .....	20
ADMINISTRATIVE STAFFS IN THE DEPARTMENT OF PSYCHOLOGY .....	24

## PROGRAMME SPECIFICATIONS



**Department of Psychology**  
**School of Human Resource Development and Psychology**  
**Faculty of Social Sciences and Humanities**

<b>1.</b>	<b>Programme Name</b>	<b>Bachelor of Psychology with Human Resource Development</b>		
<b>2.</b>	<b>Final Award</b>	<b>Bachelor of Psychology with Human Resource Development with Honors</b>		
<b>3.</b>	<b>Awarding Institution</b>	<b>UTM</b>		
<b>4.</b>	<b>Teaching Institution</b>	<b>UTM</b>		
<b>5.</b>	<b>Programme Code</b>	<b>TA13 (SHMYH)</b>		
<b>6.</b>	<b>Professional or Statutory Body of Accreditation</b>	<b>NA</b>		
<b>7.</b>	<b>Language(s) of Instruction</b>	<b>Bahasa Melayu and English</b>		
<b>8.</b>	<b>Mode of Study (Conventional, distance learning, etc)</b>	<b>Conventional</b>		
<b>9.</b>	<b>Mode of operation (Franchise, self-govern, etc.)</b>	<b>Self-govern</b>		
<b>10.</b>	<b>Study Scheme (Full Time/Part Time)</b>	<b>Full Time and Part Time</b>		
<b>11.</b>	<b>Study Duration</b>	<b>Minimum: 4 yrs (FT) / 6 yrs (PT) Maximum: 6 yrs (FT)</b>		
<b>Type of Semester</b>		<b>No. of Semesters</b>		<b>No. of weeks</b>
		Full Time	Part Time	Full Time
Regular		8	12	14
<b>12.</b>	<b>Entry Requirement</b>	<p>i. Good pass in Sijil Pelajaran Malaysia (SPM) or its equivalent</p> <p>ii. Passed Bahasa Melayu / Bahasa Malaysia with credit at the SPM level or its equivalent or passed Bahasa Melayu / Bahasa Malaysia July paper with credit.</p> <p>iii. Possess a Diploma or other equivalent qualifications recognised by the Malaysian Government and approved by the University's / IPTA's Senate.</p> <p style="text-align: center;"><b>AND</b></p> <p>Passed the Sijil Tinggi Persekolahan Malaysia (STPM) examination and obtaining at least:</p> <p>a. Grade B (NGMP3.00) in the General Studies subject, and</p> <p>b. Grade B (NGMP 3.00) in two (2) other subjects.</p> <p style="text-align: center;"><b>OR</b></p> <p>Passed the Kementerian Pelajaran Malaysia (KPM) Matriculation Certificate / IPTA's Matriculation with a CPA of at least 2.00 and passed all specialised subject.</p> <p style="text-align: center;"><b>OR</b></p> <p>Passed with a minimum of Jayyid Jiddan in Sijil Tinggi Agama Malaysia (STAM).</p> <p style="text-align: center;"><b>AND</b></p> <p>iv. Obtained at least Band 2 at the Malaysian University English Test (MUET).</p>		



## 1. PROGRAMME EDUCATIONAL OBJECTIVES

- (i) Become a psychology officer or professional with a broad knowledge of the fundamental principles in psychology and human resource development with the abilities to manage human problems within individual, organizational and societal contexts.
- (ii) Demonstrate the abilities to communicate and work in teams effectively.
- (iii) Demonstrate high standard of ethical conduct and societal responsibilities in managing human problems within individual, organizational and societal contexts.
- (iv) Undertake life-long learning and can adapt to the changing environments.

## 2. PROGRAMME LEARNING OUTCOMES

Code	Intended Learning Outcomes	Teaching and Learning Methods	Assessment
<b>(a) Technical Skill</b>			
<b>PLO1 (KW1)</b> <b>Discipline of Knowledge</b> <i>(Psychology)</i>	Ability to apply psychological principles to manage individual, organisational and societal problems	Lectures, seminars, discussions, directed reading, report writing, problem solving, problem based learning, cooperative learning, industrial visits.	Examinations, tests, quizzes, assignments, problem-based learning exercises, group project, problem-based examinations.
<b>PLO2 (KW2)</b> <b>Discipline of Knowledge</b> <i>(HRD)</i>	Ability to acquire and apply general knowledge, human resource development principles and theories in organizations.	Lectures, seminars, discussions, directed reading, report writing, problem solving, problem based learning, industrial visits.	Examinations, tests, quizzes, assignments, problem-based learning exercises, problem-based examinations.
<b>PLO3 (AP1)</b> <b>Application</b> <i>(Psychology)</i>	Ability to identify, formulate and solve issues related to human behaviours.	Lectures, tutorials, seminars, directed reading, report writing, problem solving, problem-based learning.	Examinations, tests, quizzes, laboratory, reports, case studies, assignments, group projects, academic project report.
<b>PLO4 (AP2)</b> <b>Application</b> <i>(HRD)</i>	Ability to integrate human resource development knowledge and skills in problems solving.	Lectures, tutorials, seminars, directed reading, report writing, problem solving, problem-based learning.	Examinations, tests, quizzes, laboratory, case studies, reports, assignments, group projects, academic project report.
<b>PLO5 (PS1)</b> <b>Practical Skills</b> <i>(Psychology)</i>	Ability to integrate and demonstrate knowledge and skills of major concepts, theoretical perspectives and empirical findings in psychology	Lectures, tutorials, seminars, directed reading, report writing, problem solving, problem-based learning, field work.	Tests, laboratory reports, assignments, group projects, academic project report.
<b>PLO6 (PS2)</b> <b>Practical Skills</b> <i>(HRD)</i>	Ability to practice relevant knowledge and skills needed to effectively manage and develop human resources	Lectures, tutorials, seminars, directed reading, report writing, problem solving,	Examinations, tests, laboratory reports, assignments, group projects, academic project report.

		problem-based learning, field work.	
<b>Code</b>	<b>Intended Learning Outcomes</b>	<b>Teaching and Learning Methods</b>	<b>Assessment</b>
<b>(b) Generic Skills</b>			
<b>PLO7 (CS) Communication Skills</b>	Ability to communicate Ability to communicate effectively in variety of contexts	Lectures, group project, practicum, discussions, academic project, laboratory activities, cooperative learning, industrial visits.	Examination, assignments, presentations, discussions, cooperative and problem based-exercises, observation of group project, practicum report, academic project report
<b>PLO8 (TH) Thinking Skills</b>	Ability to demonstrate critical and creative thinking by using scientific approaches to understand, analyse and manage individual, organisational and societal problems	Group projects, case study research, cooperative learning, discussions, industrial visits.	Examinations, tests, quiz, presentation, seminar, discussions, cooperative and problem based-exercises, group project and individual report
<b>PLO9 (SC) Scholarship</b>	Ability to independently seek, acquire and manage relevant information from a variety of sources for continuous self-development and lifelong learning	Lectures, seminars, directed reading, library search, case studies, discussion, independent research, practicum, group projects, laboratory training, academic project, industrial visits.	Assignments, presentation, discussions, group project, academic reports.
<b>PLO10 (TW) Leadership and Team Working Skills</b>	Ability to work in a team effectively and lead using leadership principles with confidence	Discussions, group projects, simulations, role play, case studies.	Group presentation, group assignments, observation of group project, peer assessment.
<b>PLO11 (AD) Adaptability</b>	Ability to pragmatically adapt in handling changes of socio culture, economic, and environment.	Discussions, group projects, simulations, role play, case studies.	Group assignments, industrial training reports observation of group project, peer assessment, academic project report.
<b>PLO12 (GC) Global Citizen</b>	Ability to demonstrate professional and ethical behaviors in research and management of individual, organisational and societal problems.	Lectures, discussions, group work, case studies, industrial visits.	Group assignment, Industrial training reports, practicum report, academic project report.
<b>PLO13 (ES) Entreprising Skills</b>	Ability to identify and analyse entrepreneurship opportunities	Self-directed readings, case study, practicum, projects.	Case study reports, industrial training reports, assignments.

### 3. COMPONENTS OF COURSES

	Components	MQA requirements (Credits)	MQA requirements (Percentage)	Courses offered (Credits)	Courses offered (Percentage)
a.	Compulsory Modules (University General Courses)	12-15	10-13	19	17.5
b.	Discipline Core** : Course Work (Psychology)	45-60	38-50	54	41.3
c.	Minor Core: Course Work (Human Resource Development)	21-36	18-30	30	23
d.	Discipline Core : Research Project	6-9	5-8	6	4.5
e.	Discipline Core : Industrial Training	6-12	5-13	12	9.2
f.	Core Elective Courses	0-27	0-23	6	4.5
	<b>Total Credit Hours for Graduation</b>			<b>127</b>	<b>100</b>

#### Minimum Graduation Credits – 127

\*\* Discipline core must cover all 8 Knowledge Areas highlighted in page 14 – 15 (Programme Standard: Psychology)

### 4. PROGRAMME STRUCTURES, CURRICULUM AND AWARD REQUIREMENTS

The course is offered in full-time mode and based on 2 semesters for each academic year. The subjects are distributed and sequenced according to the level of knowledge i.e basic to advance. Assessment of students' performance is based on formative and summative evaluation conducted throughout each semester. The eighth semester is used for industrial training.

#### Award requirements:

To graduate student should:

- Achieve a total of **131 credit hours** with minimum CPA of 2.0.
- Pass the Industrial Training (equivalent to 12 credit hours).
- Complete and pass the Undergraduate Final Year Project (equivalent to 6 credit hours).
- Complete and pass TECS 1001 and TECS 1002
- Complete and pass 4 GLL

## 5. CURRICULUM

### a) University General Courses (23 Credits)

\* Students are required to choose **ONE** of the courses from UHMT/UHMS/UBSS/UMJT 2xx2 **or** UHII/UHIT/UHIZ/UHIS/UETS 2xx2

COURSE CODE	COURSE NAME	CREDIT
<b>MALAYSIA CORE VALUE (4 credits)</b>		
<b>ULRS 1022</b>	Falsafah dan Isu-Isu Semasa <i>Philosophy and Current Issues</i> (Local Students)	2
UHLM 1012	Bahasa Melayu komunikasi 2 <i>Malay Language for Communication 2</i> (International Students)	
<b>ULRS 1182</b>	Penghayatan Etika dan Peradaban <i>Appreciation of Ethics and Civilisations</i> (International and Local Students)	2
<b>VALUE AND IDENTITY (2 credits)</b>		
<b>ULRS 1012</b>	Nilai dan Jati Diri <i>Value and Identity</i>	2
<b>GLOBAL CITIZEN (2 credits)</b>		
UKQF 2xx2	Kursus Pembelajaran Servis dan Penglibatan Komuniti <i>Service Learning and Community Engagement Course</i>	2
<b>COMMUNICATION SKILLS (6 credits)</b>		
<b>UHLB 1112</b>	<b>English Communication Skills</b> <b>*Only for MUET band 1, 2 and 3</b>	-
UHLB 2122	Professional Communication Skills 1 Pre Requisite: i. MUET band 1, 2, and 3 - UHLB 1122 ii. MUET band 4 and 5 - <b>No pre requisite</b>	2
UHLB 3132	Professional Communication Skills 2 Pre Requisite: i. MUET band 1,2 and 3 – UHLB 1112 & UHLB 2122 ii. MUET band 4 and 5- UHLB 2122	2
UHLX 1122	Foreign Language for Communication ( <i>Kecuali Bahasa Ibunda Pelajar</i> )	2
<b>ENTERPRISING SKILLS (2 credits)</b>		



ULRS 3032	Keusahawanan dan Inovasi <i>Entrepreneurship and Innovation</i>	2
<b>FREE ELECTIVE COURSE (2 credits)</b>		
XXXX	Elektif Bebas <i>Free Elective</i>	3
<b>TOTAL</b>		<b>19</b>

**b) Discipline Core: Course Work (Psychology) (54 Credits)**

Code	Course Name	Credits
SHMY 1013	Introduction To Psychology	3
SHMY 1023	Introduction To Counselling	3
SHMY 1033	Social Psychology	3
SHMY 1043	Personality Psychology	3
SHMY 1053	Developmental Psychology	3
SHMY 2103	Islamic Psychology	3
SHMY 2053	Statistics In Psychology	3
SHMY 1083	Industrial And Organizational Psychology	3
SHMY 1093	Biological Psychology	3
SHMY 2083	Cognitive Psychology	3
SHMY 2013	Psychological Testing And Measurement	3
SHMY 2063	Abnormal Psychology	3
SHMY 2093	Ethics In Psychology	3
SHMY 3013	Research Method	3
SHMY 3043	Behaviour Modification	3
SHMY 3023	Ergonomics	3
SHMY 4013	Cross-Cultural Psychology	3
SHMY 4043	Positive Psychology	3
<b>TOTAL</b>		<b>54</b>

**c) Minor Core: Course Work In Human Resource Development (30 Credits)**

CODE	COURSE NAME	CREDITS
SHMR 1083	Introduction to Human Resource Management	3
SHMR 4013	Organizational Development	3

SHMR 2033	Industrial Relations Law	3
SHMR 2103	Safety and Health At Work	3
SHMR 1013	Principles of HRD	3
SHMR 1093	Needs Assessment in HRD	3
SHMR 2023	Instructional Design	3
SHMR 2073	Employment Relations	3
SHMR 2083	Career Development	3
SHMR 3013	Programme Evaluation	3
<b>TOTAL</b>		<b>30</b>

**d) Discipline Core: Research Project (6 Credits)**

CODE	COURSE NAME	CREDITS
SHMY 3092	Undergraduate Project (Proposal)	2
SHMY 4044	Undergraduate Project (Writing)	4
<b>TOTAL</b>		<b>6</b>

**e) Discipline Core: Industrial Training (12 Credits)**

CODE	COURSE NAME	CREDITS
SHMY 4058	Industrial Training (Practical)	8
SHMY 4064	Industrial Training (Report)	4
<b>TOTAL</b>		<b>12</b>

**f) Elective Course Work (6 Credits)**

*(Students are required to choose only TWO courses for Semester 1, Year 3 & Semester 1, Year 4)*

CODE	COURSE NAME	CREDITS
<b>SHMY 3xx3 (Elective I), Semester 1, Year 3</b>		
SHMY 3073	Group Counselling	3
SHMY 3103	Clinical Psychology	3
SHMY 3053	Consumer Psychology	3

SHMY 4xx3 (Elective II), Semester 1, Year 4		
SHMY 4053	Group Communication	3
SHMY 4083	Conflict Management	3
SHMY 4023	Health Psychology	3
<b>TOTAL</b>		<b>6</b>

## 6. STUDY SCHEME BY SEMESTER

### YEAR 1

SEMESTER 1			SEMESTER 2		
Code	Course	Credit	Code	Course	Credit
SHMY 1013	Pengenalan Psikologi <i>Introduction to Psychology</i>	3	SHMY 1023	Pengenalan Kaunseling <i>Introduction to Counselling</i>	3
SHMY 1053	Psikologi Perkembangan <i>Developmental Psychology</i>	3	SHMY 1043	Psikologi Personaliti <i>Personality Psychology</i>	3
SHMY 1033	Psikologi Sosial <i>Social Psychology</i>	3	SHMY 1093	Psikologi Biologi <i>Biological Psychology</i>	3
SHMR 1083	Pengenalan kepada Pengurusan Sumber Manusia <i>Introduction to Human Resource Management</i>	3	SHMY 1083	Psikologi Industri dan Organisasi <i>Industrial and Organisational Psychology</i>	3
UHLM 1012	<i>Malay Language for Communication 2 (International Students)</i>	2	SHMR 1013	Prinsip Pembangunan Sumber Manusia <i>Principles of Human Resource Development</i>	3
UHMS 1182	Penghayatan Etika dan Peradaban <i>Apprehension of Ethics and Civilisation</i>	2	ULRS 1012	<i>Nilai dan Jati Diri</i>	2
UHLB 1112	<i>English Communication Skills</i> *Only for MUET band 1, 2 and 3	-			
<b>Total Credits</b>		<b>16 (Int) 14 (Lo)</b>	<b>Total Credits</b>		<b>17</b>

### YEAR 2

SEMESTER 1			SEMESTER 2		
Code	Course	Credit	Code	Course	Credit
SHMY 2053	Statistik dalam Psikologi <i>Statistics In Psychology</i>	3	SHMY 2013	Pengujian dan Pengukuran Psikologi <i>Psychological Testing and Measurement</i>	3
SHMY 2093	Etika dalam Psikologi <i>Ethics in Psychology</i>	3	SHMY 2063	Psikologi Abnormal <i>Abnormal Psychology</i>	3

SHMY 2083	Psikologi Kognitif <i>Cognitive Psychology</i>	3	SHMY 2103	Psikologi Islam <i>Islamic Psychology</i>	3
SHMR 1093	Penilaian keperluan dalam Pembangunan Sumber Manusia <i>Needs Assessment in Human Resource Development</i>	3	SHMR 2023	Reka Bentuk Latihan <i>Instructional Design</i>	3
UHLB 2122	Professional Kommunikation Skill	2	SHMR 2033	Undang-undang Hubungan Industri <i>Industrial Relations Law</i>	3
ULRS 1022	Falsafah dan Isu Semasa (local)	2	UKQF 2XX2	Pembelajaran Servis dan Penglibatan Komuniti <i>Service Learning and Community Engagement</i>	2
<b>Total Credits</b>		<b>16 (Lo) 14 (Int)</b>	<b>Total Credits</b>		<b>17</b>

### YEAR 3

SEMESTER 1			SEMESTER 2		
Code	Course	Credit	Code	Course	Credit
SHMY 3013	Kaedah Penyelidikan <i>Research Methods</i>	3	SHMY 3092	Projek Sarjana Muda (Cadangan) <i>Undergraduate Project (Proposal)</i>	2
SHMR 2103	Keselamatan dan Kesihatan di Tempat Kerja <i>Safety and Health at Work</i>	3	SHMY 3043	Modifikasi Tingkah laku <i>Behaviour Modification</i>	3
SHMR 2083	Pembangunan Kerjaya <i>Career Development</i>	3	SHMR 2073	Hubungan Pekerjaan <i>Employment Relations</i>	3
SHMR 3013	Penilaian Program <i>Programme Evaluation</i>	3	SHMY 3023	Ergonomik <i>Ergonomics</i>	3
SHMY 3xx3	Elektif I (teras) Elective II	3	ULRS 3032	Keusahawanan dan Inovasi	2
XXXX 3xx3	Elektif Bebas <i>Free Elective</i>	3	ULAX 1122	Elektif Bahasa Asing <i>Foreign Language Elective</i>	2
			UHLB 3132	Professional Communication Skills 2 <b>Pre Requisite:</b> MUET band 1, 2 and 3 - UHLB 1112 & UHLB 2122 MUET band 4 and 5- UHLB 2122	2
<b>Total Credits</b>		<b>18</b>	<b>Total Credits</b>		<b>17</b>

### YEAR 4

SEMESTER 1			SEMESTER 2		
Code	Course	Credit	Code	Course	Credit
SHMY 4044	Projek Sarjana Muda (Penulisan) <i>Undergraduate Project (Writing)</i>	4	SHMY 4058	Latihan Industri (Praktikal) <i>Industrial Training (Practical)</i>	8
SHMY 4013	Psikologi Silang Budaya <i>Cross-Cultural Psychology</i>	3	SHMY 4064	Latihan Industri (Laporan) <i>Industrial Training (Report)</i>	4

SHMY 4043	Psikologi Positif <i>Positive Psychology</i>	3			
SHMR 4013	Pembangunan Organisasi <i>Organizational Development</i>	3			
SHMY 4xx3	Elektif II (Teras) <i>Elective II</i>	3			
<b>Total Credits</b>		<b>16</b>	<b>Total Credits</b>		<b>12</b>
<b>TOTAL CREDITS</b>					<b>127</b>

## ELECTIVE COURSES

(Students are given an option to choose 2 courses among the 6 courses listed)

### Elective 1: Year 3, Semester 1

Code	Course	Credit
SHMY 3073	Kaunseling Kelompok <i>Group Counselling</i>	3
SHMY 3103	Psikologi Klinikal <i>Clinical Psychology</i>	3
SHMY 3053	Psikologi Pengguna <i>Consumer Psychology</i>	3

### Elective 2: Year 4, Semester 1

Code	Course	Credit
SHMY 4053	Komunikasi Kumpulan <i>Group Communication</i>	3
SHMY 4083	Pengurusan Konflik <i>Conflict Management</i>	3
SHMY 4023	Psikologi Kesihatan <i>Health Psychology</i>	3

## 7. SYLLABUS SUMMARY

### BACHELOR OF PSYCHOLOGY WITH HUMAN RESOURCE DEVELOPMENT

COURSE	CONTENT
<b>YEAR 1</b>	
<b>SHMY 1013 Introduction to Psychology</b>	This course introduces students to human behavior and the important aspects of psychology. Topic discussed include an introduction to psychology, research methodology in psychology, the basics of biology in psychology, the senses and sensory system of human, perception,

	learning, memory, motivation, abnormal behavior and therapies. Eventually students will be able to apply the knowledge gained in this course to understand human psychology.
<b>SHMY 1023 Introduction to Counselling</b>	This course provides awareness to students regarding the methods and needs of counselling in assisting and understanding problems faced by employees not only at workplace, but also in their daily lives. The course discusses the introduction to counselling, principles of counselling, theories of counselling, basic counselling skills, career counselling, counselling process, counselling at workplace, and its relationship with common problems of employees, ethics in counselling and counselling diverse clients. At the end of the course, students should be able to apply the approaches of counselling not merely at workplace, but also in their life.
<b>SHMY 1033 Social Psychology</b>	Social psychology addresses the question of how individuals' thoughts, feelings and behaviors are influenced by other people. This includes how we understand and make sense of other people and how we influence and are influenced by other people. This subject overviews the various theories and methods employed by social psychologists in their attempts to understand social influences on human behavior. Specific topics covered include, aggression and pro-social behavior, prejudice, stereotypes and discrimination, interpersonal relationships, persuasion and attitude change, person perception and ways in which social psychology has been used to help us understand and solve problems.
<b>SHMY 1043 Personality Psychology</b>	Personality refers to the patterns in individual's characteristic ways of behaving, thinking, and feeling, and the psychological mechanisms that drive that patterns. This course will examine important concepts and theories in personality research including traditional and contemporary approaches specifically, trait, biological, psychoanalytic, humanistic, learning, cognitive and clinical approaches.
<b>SHMY 1053 Developmental Psychology</b>	This course enables students to identify human development changes across the life span, from physiological, cognitive, social and personality aspects. Special areas of human development such attachment and bonding, language development, play; memory, intelligence, creativity, moral development, social relationships, family life, health and wellness, and death and dying are highlighted. Developmental psychopathology is also part of the course.
<b>SHMY 1093 Biological Psychology</b>	This course provides the basic knowledge of biological approaches to the study of psychology. It focuses on the biological mechanisms and processes that explain human behavior. Topics discussed include the nervous system, the relationship between brain and behaviour, the endocrine system, sensory system, emotional behavior and psychological disorders, cognitive functions, the biology of learning and behavior.
<b>SHMY 1083 Industrial and Organizational Psychology</b>	This course has grown to be one of the major applied specialties in psychology worldwide. The first focus of this subject is concerned with the workplace, so the findings, method, scales and principles are relevant to both employees and employers. Industrial psychologists are often called upon to help organizations to develop a more efficient workplace. Organizational psychology focuses on people's behavior in workplace. This course aims to provide concepts, principles and theories of organizational psychology to increase the effectiveness of employee's. It also discusses the topic such as job analysis, recruitment, selection, psychological testing/screening methods, job interview, performance appraisal, training, motivation, job satisfaction, stress at workplace, group conflict, work behaviour, leadership, communication, group, and human factors.
<b>SHMR 1013 Principles of Human Resource Development</b>	This course discusses the various basic elements of Human Resource Development (HRD). It would explain the differences between HRM & HRD. The topics covered include learning principles, employee behaviour, training & development, and applied HRD.

<b>SHMR 1083 Introduction to Human Resource Management</b>	The course provides students with an introduction to the key functions of human resource management in Malaysia today. It begins with an overview of Human Resource Management and follows up with more specific discussions on its main functions such as recruitment, placement, training and development, compensation, employee relations, and safety and health.
<b>YEAR 2</b>	
<b>SHMY 2103 Islamic Psychology</b>	This course aims to enable students to understand the basic concepts and principles of Islamic psychology and the differences between Islamic psychology and western psychology. Psychology has provided us with a useful body of knowledge regarding personality formation, its function and dysfunction. However, psychology inherently contains certain limitations as it does not and cannot fully address the reality of an expanded consciousness or the spiritual connection in the journey of life. Therefore in Islamic psychology study the Islamic point of view spiritual approach to psychotherapy is an aspect of behavior modification that is based on the relationship between man and his Creator (Allah) which entails an operational paradigm in which faith ( <i>Iman</i> ) in Allah is the focal point. Iman is both a cognitive and ethical constructs that gather all data and facts in the perspective which is proper to and requisite for a true understanding of the therapeutic processes.
<b>SHMY 2013 Psychological Testing and Measurement</b>	This course introduces students to the basic principles and applications of psychological testing and assessment. Topics discussed include the definitions of psychological testing, measurement, assessment, functions and uses of tests, norms, reliability, validity and a brief survey of intelligence, achievement, personality test, neuropsychological testing and industrial and organizational testing.
<b>SHMY 2053 Statistics in Psychology</b>	This course introduces students to basic statistical procedures and concepts used in the psychology field. The topics covered include an introduction to statistics, levels of measurement, defining variables, measuring central tendency, measuring dispersion, constructing and interpreting contingency tables, statistical inference and tests of significance, probability distributions and one-sample <i>z</i> and <i>t</i> Tests, two sample <i>t</i> tests, one-way analysis of variance, measuring association in contingency tables, the Chi-Square test, correlation and regression analyses.
<b>SHMY 2063 Abnormal Psychology</b>	This course intends to introduce students to the basic concepts, principles and theories of abnormal psychology. This course provides students an extensive coverage of abnormal psychology topics from definition, history and approaches through to the most recent development in the field of psychopathology. Each subtopic of disorders includes treatment and references to DSM-IV.
<b>SHMY 2083 Cognitive Psychology</b>	This course is an introduction to cognition, an area of psychology that investigates the ways in which we acquire, store, create and use knowledge. Cognition includes a wide range of mental processes that are used every day in almost all human activities. These include attention, perception, memory, imagery, language, problem solving, creativity, and reasoning.
<b>SHMY 2093 Ethics in Psychology</b>	This course provides general principles and specific codes for ethical conduct in the science and practice of psychology. Incorporating case examples and readings from other disciplines, the course covers the broad practice of psychology including research, teaching, supervision, development of instruments, conducting assessments, school psychology, educational counselling, organizational consulting, forensic activities, social intervention and administrative activities. The course helps students apply the principles and codes of ethical conduct in all facets of psychological practice; from the traditional areas of psychology, to the emerging areas such as telecommunications, neuropsychological assessment and managed care.
<b>SHMR 2023 Instructional Design</b>	This course covers the principles of instructional design (ID) theories, learning theories, ID model, and process of designing a training program. The course guides students in developing and writing learner profile, content analysis and instructional objective to prepare a

	comprehensive design document. In addition, the course discusses the approaches of content sequencing, instructional strategies (IS), development of instruction and evaluation of learning.
<b>SHMR 2033 Industrial Relations Law</b>	This course is designed to equip the students with the relevant laws that govern the relationship between the three main actors in industrial relations - the employer, the employee and the trade union. The key legislation that regulate the employment relationships are the Employment Act 1955, Trade Unions Act 1959 and Industrial Relations Act 1967. This course will focus on workplace protection and benefits and among the topics covered are statutory right to wages, statutory right to the general standard of working time, statutory right to weekly rest day, statutory right to paid public holidays, statutory right to paid annual leave, statutory right to paid sick leave, female's employee statutory right to maternity protection and statutory right pertaining to termination of employment contract. It also touches on issues on trade unionism specifically regarding its formation, registration, recognition and trade disputes.
<b>SHMR 1093 Needs Assessment in Human Resource Development</b>	This course discusses the concept of training and development in organization, performance problems, training needs, and training and non-training issues in organization. Students will be trained to identify and discuss performance problems in organization, conduct training needs analysis (TNA), and prepare a TNA report.
<b>YEAR 3</b>	
<b>SHMY 3013 Research Method</b>	This course introduces students to the basic principles of research methods in Psychology. The focus of the course is on students learning how to do research in Psychology, with an emphasis on student-centred activities and problem solving. Students will learn about such key concepts as the scientific method; operationalizing constructs; independent and dependent variables; data types and ways of measurement; confounding variables; experimental and non-experimental design; questionnaire construction; developing and testing hypotheses; descriptive statistics and describing data graphically; and the ethics of research.
<b>SHMY 3023 Ergonomics</b>	This course introduces students to the aspects of ergonomics at the workplace. Ergonomics is the science of designing the job, equipment and workplace to fit the worker. Ergonomics is concerned with the overall health and efficiency of the work. The topics that will be covered in this course include the basic knowledge of anthropometry and biomechanics, ergonomics and psychosocial risk factors at work and their effects on health (such as injury and accident) with emphasis on prevention.
<b>SHMY 3043 Behaviour Modification</b>	This course is aimed to expose students to approaches in changing employee behaviour in an organisation. The emphasis of this course includes introduction to characteristics and principles of behaviour and non-behaviour, identifying problematic behaviour, application of the principles of behaviour modification consisted of reinforcement, extinction, punishment, control stimulation, and economic token, application of the behaviour modification procedures consisted of shaping, fading and chaining. Besides, this course explains the method for changing the behaviour of the respondents or cognitive behaviour, and behaviour modification ethics.
<b>SHMR 2083 Career Development</b>	This course is aimed to expose students to the conceptual aspects of career development in organization, function, programs. career choices, career stages, individual careers, organizational career systems, career management practices, career diversities, and global career. The course emphasized also on issue and research in career development.
<b>SHMR 3013 Programme Evaluation</b>	This course introduces a systematic approach to evaluate training programs. Evaluation will be conducted by applying research methods and evaluation models. These methods and models would be used to make decisions in implementing, improving or terminating the training programs.



<b>SHMR 3053 Safety and Health at Work</b>	This course discusses the concept of safety and health at workplace which is a crucial component to organizations competitiveness. Students will be exposed towards integrated safety and health management instead of the traditional safety and health management.
<b>SHMR 2073 Employment Relations</b>	This course discusses the role and objectives of the main actors in employment relations, employers, employees and trade unions, and the government and the interactions in collective bargaining, employees' involvement and participation, industrial conflict and industrial discipline. Students will be taken through the principles and purpose as well as the methods of initiating employment relation policies and practices. Attention is focused on a wide range of practical examples and covers areas such as trade unions, industrial conflict, industrial discipline, current issues in employment relations and impact of globalization on the workplace.
<b>SHMY 3092 Undergraduate Project (Proposal)</b>	This course is designed to give students the experience in planning a research related to psychology. Students are guided to choose a research topic, investigate the background of the problems, write a problem statement and decide on the methodology and approach of the study. Students are also trained to review past research to develop a research framework.
<b>SHMY 3073 Group Counselling</b>	This course will expose students to the concepts, skills, strategies, procedures, processes, problems, and principles of group work associated with counselling field. The course incorporates didactic and experiential components aimed at the facilitation and understanding of group dynamics and self-awareness/personal growth through group interaction. At the end of the course, students are able to demonstrate how to correctly lead a group using basic counselling skills and leading techniques.
<b>SHMY 3053 Consumer Psychology</b>	This course is designed to give a comprehensive understanding of the applications of psychology in consumer behaviour at the individual, social and cultural stages. It also discussed the factors influencing decision-making among consumers. The topics cover introduction to consumer psychology, perception, and consumer behaviour, shaping consumer behaviour through the learning process, attitudes on consumer purchasing, the role of the social and cultural surrounding in shaping consumers' behaviour and influencing consumers' decision making process.
<b>SHMY 3103 Clinical Psychology</b>	The course will introduce students to the field of clinical psychology. Topics will include: classification, diagnosis, assessment, psychotherapy, and research methods for studying clinical phenomena. At the end of this semester, the students should: (1) understand why it is important to promote the science of clinical psychology, (2) be able to use empirical evidence to critique the reliability and validity of psychological measures, and (3) be able to list empirically supported treatments for specific forms of psychopathology.
<b>YEAR 4</b>	
<b>SHMY 4044 Undergraduate Project (Final Report)</b>	This is the implementation of the proposed project. Students collect and analyse the collected data to answer the objectives. The write up should be done systematically based on specified writing format.
<b>SHMY 4013 Cross-Cultural Psychology</b>	This course aims to explore similarities and differences of human behaviour across culture and hence evaluate and expanding existing psychological knowledge. The course examines the theoretical, empirical, and applied issues in the cross-cultural study of human social behaviour. This course discusses some aspects of human behaviour that are universal and some that are culture-specific and its implication for psychological theory and application. This course cover key theories and approaches of cross-cultural psychology, and discuss on cross-cultural aspects of human development, cognition, emotion, motivation, human health, and interactions.

<b>SHMY 4043 Positive Psychology</b>	<p>Positive Psychology examines the psychology of strength and virtue, with a focus on positive subjective experience (such as happiness and optimism), positive individual traits (such as the capacity for love) and positive institutions. The positive psychology attempt to counterbalance what its protagonists perceived to be a distortion in the field arising from prevailing concerns in psychology with pathology and dysfunction. The goal was to re-balance the field. In this module we will explore topics within the field of positive psychology, such as happiness, optimism, mindfulness, and love, and do so with a critical eye. The aim will be to examine the evidence for the claims made in each case. It will be possible to present a comprehensive coverage of the area, but also will cover positive emotions, positive thinking, the positive self, positive relationships, and positive health.</p>
<b>SHMR 4013 Organizational Development</b>	<p>This course is intended to expose students on change and organizational development in organizations. Topics taught would include theories and models of change, OD practitioner, diagnosis, intervention, change management and institutionalization &amp; evaluation.</p>
<b>SHMY 4058 Industrial Training (Practical)</b>	<p>Industrial training is an essential component in the development of the practical skills required by a student prior to graduation. It is also an aspect of education that integrates knowledge with planned and supervised career-related work experience processes. The purpose of the course is to develop and strengthen the students' educational and career preparation. It allows the students to understand the connection between what is studied and how it is applied in the real world. It also exposes the students to the interpersonal relationships a job requires, both with co-workers and superiors that are essential in obtaining a successful and satisfying career.</p>
<b>SHMY 4064 Industrial Training(Report)</b>	<p>Students are expected to submit a report and present on the activities and experience they went through.</p>
<b>SHMY 4083 Conflict Management</b>	<p>This course aims to expose students to conflict as a common phenomenon. It also exposes students to techniques used to manage conflict effectively, fairly and efficiently. The objective of this course is to enable students to understand about psychological dynamism and behavioural conflicts between individuals, groups and organizations. Topics discuss include introduction to conflict, types of conflict, factors leading to conflict, implications of conflict, approaches used in managing conflict and the strategies that can be applied to manage conflicts appropriately.</p>
<b>SHMY 4053 Group Communication</b>	<p>The aim of this course is to develop students competency in group communication especially in organization. For that purpose we expose the basic skills in communication of taking students through the entire process in communication. The content of this course include a communication skills related to industrial workplace or organization such as teamwork philosophy, group problem solving and decision making, group leadership, managing group conflict, group in organizations and group assessment.</p>
<b>SHMY 4023 Health Psychology</b>	<p>This course explores the application of psychological theories and research to specific health studies. This exploration includes strategies of health promotion, health habits, health issues and management of chronic and terminal illness. The focus is on the role of psychological principles and promotion and maintenance of health and in the understanding and preventing of diseases.</p>

**SELF-CHECKLIST COURSES REGISTERED BEFORE GRADUATION**

**YEAR 1**

SEMESTER 1			SEMESTER 2			MARK (/)
Code	Course	Credit	Code	Course	Credit	
SHMY 1013	Pengenalan Psikologi <i>Introduction to Psychology</i>	3	SHMY 1023	Pengenalan Kaunseling <i>Introduction to Counselling</i>	3	
SHMY 1053	Psikologi Perkembangan <i>Developmental Psychology</i>	3	SHMY 1043	Psikologi Personaliti <i>Personality Psychology</i>	3	
SHMY 1033	Psikologi Sosial <i>Social Psychology</i>	3	SHMY 1093	Psikologi Biologi <i>Biological Psychology</i>	3	
SHMR 1083	Pengenalan kepada Pengurusan Sumber Manusia <i>Introduction to Human Resource Management</i>	3	SHMY 1083	Psikologi Industri dan Organisasi <i>Industrial and Organisational Psychology</i>	3	
UHLM 1012	<i>Malay Language for Communication 2 (International Students)</i>	2	SHMR 1013	Prinsip Pembangunan Sumber Manusia <i>Principles of Human Resource Development</i>	3	
UHMS 1182	Penghayatan Etika dan Peradaban <i>Apprehension of Ethics and Civilisation</i>	2	ULRS 1012	<i>Nilai dan Jati Diri</i>	2	
UHLB 1112	<i>English Communication Skills *Only for MUET band 1, 2 and 3</i>	-				
<b>Total Credits</b>		<b>16 (Int) 14 (Lo)</b>	<b>Total Credits</b>		<b>17</b>	

**YEAR 2**

SEMESTER 1			SEMESTER 2			MARK (/)
Code	Course	Credit	Code	Course	Credit	
SHMY 2053	Statistik dalam Psikologi <i>Statistics In Psychology</i>	3	SHMY 2013	Pengujian dan Pengukuran Psikologi <i>Psychological Testing and Measurement</i>	3	
SHMY 2093	Etika dalam Psikologi <i>Ethics in Psychology</i>	3	SHMY 2063	Psikologi Abnormal <i>Abnormal Psychology</i>	3	
SHMY 2083	Psikologi Kognitif <i>Cognitive Psychology</i>	3	SHMY 2103	Psikologi Islam <i>Islamic Psychology</i>	3	
SHMR 1093	Penilaian keperluan dalam Pembangunan Sumber Manusia <i>Needs</i>	3	SHMR 2023	Reka Bentuk Latihan <i>Instructional Design</i>	3	

	<i>Assessment in Human Resource Development</i>					
UHLB 2122	Professional Kommunikation Skill	2	SHMR 2033	Undang-undang Hubungan Industri <i>Industrial Relations Law</i>	3	
ULRS 1022	Falsafah dan Isu Semasa (local)	2	UKQF 2XX2	Pembelajaran Servis dan Penglibatan Komuniti <i>Service Learning and Community Engagement</i>	2	
<b>Total Credits</b>		<b>16 (Lo) 14 (Int)</b>	<b>Total Credits</b>		<b>17</b>	

### YEAR 3

SEMESTER 1			SEMESTER 2			MARK (/)
Code	Course	Credit	Code	Course	Credit	
SHMY 3013	Kaedah Penyelidikan <i>Research Methods</i>	3	SHMY 3092	Projek Sarjana Muda (Cadangan) <i>Undergraduate Project (Proposal)</i>	2	
SHMR 2103	Keselamatan dan Kesihatan di Tempat Kerja <i>Safety and Health at Work</i>	3	SHMY 3043	Modifikasi Tingkah laku <i>Behaviour Modification</i>	3	
SHMR 2083	Pembangunan Kerjaya <i>Career Development</i>	3	SHMR 2073	Hubungan Pekerjaan <i>Employment Relations</i>	3	
SHMR 3013	Penilaian Program <i>Programme Evaluation</i>	3	SHMY 3023	Ergonomik <i>Ergonomics</i>	3	
SHMY 3xx3	Elektif I (teras) Elective II	3	ULRS 3032	Keusahawanan dan Inovasi	2	
XXXX 3xx3	Elektif Bebas <i>Free Elective</i>	3	ULAX 1122	Elektif Bahasa Asing <i>Foreign Language Elective</i>	2	
			UHLB 3132	Professional Communication Skills 2 <b>Pre Requisite:</b> MUET band 1, 2 and 3 - UHLB 1112 & UHLB 2122 MUET band 4 and 5- UHLB 2122	2	
<b>Total Credits</b>		<b>18</b>	<b>Total Credits</b>		<b>17</b>	

**YEAR 4**

SEMESTER 1			SEMESTER 2			MARK (/)
Code	Course	Credit	Code	Course	Credit	
SHMY 4044	Projek Sarjana Muda (Penulisan) <i>Undergraduate Project (Writing)</i>	4	SHMY 4058	Latihan Industri (Praktikal) <i>Industrial Training (Practical)</i>	8	
SHMY 4013	Psikologi Silang Budaya <i>Cross-Cultural Psychology</i>	3	SHMY 4064	Latihan Industri (Laporan) <i>Industrial Training (Report)</i>	4	
SHMY 4043	Psikologi Positif <i>Positive Psychology</i>	3				
SHMR 4013	Pembangunan Organisasi <i>Organizational Development</i>	3				
SHMY 4xx3	Elektif II (Teras) <i>Elective II</i>	3				
<b>Total Credits</b>		<b>16</b>	<b>Total Credits</b>		<b>12</b>	
<b>TOTAL CREDITS</b>					<b>127</b>	

**ELECTIVE COURSES**

(Students are given an option to choose 2 courses among the 6 courses listed)



**Elective 1: Year 3, Semester 1**


Code	Course	Credit	Mark (/)
SHMY 3073	Kaunseling Kelompok <i>Group Counselling</i>	3	
SHMY 3103	Psikologi Klinikal <i>Clinical Psychology</i>	3	
SHMY 3053	Psikologi Pengguna <i>Consumer Psychology</i>	3	









**Elective 2: Year 4, Semester 1**

Code	Course	Credit	Mark (/)
SHMY 4053	Komunikasi Kumpulan <i>Group Communication</i>	3	
SHMY 4083	Pengurusan Konflik <i>Conflict Management</i>	3	
SHMY 4023	Psikologi Kesihatan <i>Health Psychology</i>	3	

## 8. ACADEMIC STAFFS IN THE DEPARTMENT OF PSYCHOLOGY

NAME of LECTURERS	POSITION	EMAIL
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## 9. ADMINISTRATIVE STAFFS IN THE DEPARTMENT OF PSYCHOLOGY

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